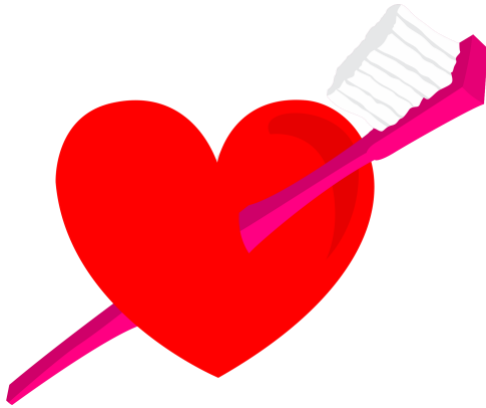


This February in recognition of Valentine's Day and Children's Dental Health Month, the Minnesota Oral Health Coalition and our partners are encouraging everyone to use the hashtag **#LoveYourTeeth** on social media to draw attention to dental disease prevention. Please use **#LoveYourTeeth** on all your social media and encourage others to do so as well.



We have developed a graphic for **#LoveYourTeeth**, and infographics. Please download the graphic and infographics in the Minnesota Oral Health Coalition [Dropbox folder](#)

Below are sample messages or use your own creativity. Let's make **#LoveYourTeeth** trend this Valentine's Day and the entire month of February. Please contact Nancy Franke Wilson nancy@minnesotaoralhealthcoalition.org or 763-381-1701.

February is Children's Dental Health Month **#LoveYourTeeth** from birth!

Children need to see a dentist at the eruption of their first tooth or one year, whatever comes first **#LoveYourTeeth**

Baby teeth are critical to your child's health and development. They assist in the development of permanent teeth by saving space for them in the jaw **#LoveYourTeeth**

Sharing saliva with your child can help spread the transmission of bacteria that cause tooth decay (cavities) **#LoveYourTeeth**

Avoid putting your baby to bed with a bottle, prop it in their mouth or allow your baby to feed "at will" **#LoveYourTeeth**

Once a tooth comes in, start to use a child's soft bristled toothbrush, with no toothpaste, in addition to massaging the gum tissues **#LoveYourTeeth**

Avoid putting your baby to bed with a bottle. "Bottle Mouth" – causes tooth decay by prolonged exposure to milk or sugary liquids **#LoveYourTeeth**

Your child should have an exam by a dentist before his/her first birthday or within 6 months after the first tooth comes in **#LoveYourTeeth**

If your drinking water is not fluoridated, talk to your pediatrician about infant fluoride supplements **#LoveYourTeeth**

Taking a selfie? Your teeth thank you for brushing and flossing **#LoveYourTeeth**

If you **#LoveYourTeeth** they will love you back

100% of women surveyed said they would only date someone who has fresh breath
#LoveYourTeeth

Love is forever, toothbrushes are not. Replace your toothbrush every 3 months
#LoveYourTeeth

Valentine's Day comes once a year. Visit your dentist one to two times a year
#LoveYourTeeth

Least romantic advice. Most romantic advice: Brush your tongue to remove bacteria and freshen your breath **#LoveYourTeeth**

Valentine's Day to-do list: Make dinner reservations. Floss at least once a day **#LoveYourTeeth**

Dental disease contributes to heart disease. A great smile and fresh breath contribute to falling in love **#LoveYourTeeth**

February is both Heart Health Month and Gum Disease Awareness Month **#LoveYourTeeth**

Sweets for the sweet, not for your teeth. Give flowers this Valentine's Day **#LoveYourTeeth**

Keep your teeth, keep your Valentine. Brush, floss, use fluoridated water and visit your dentist **#LoveYourTeeth**

Let us always meet each other with smile, for the smile is the beginning of love. -Mother Teresa **#LoveYourTeeth**

Because of your smile, you make life more beautiful. -Thich Nhat Hanh **#LoveYourTeeth**

Beauty is power; a smile is its sword. -John Ray **#LoveYourTeeth**

Smile, it is the key that fits the lock of everybody's heart. -Anthony J. D'Angelo **#LoveYourTeeth**

Peace begins with a smile. -Mother Teresa **#LoveYourTeeth**

A smile is happiness you'll find right under your nose. -Tom Wilson **#LoveYourTeeth**

Smiles are the language of love. -David Hare **#LoveYourTeeth**

She laughs at everything you say. Why? Because she has fine teeth. -Benjamin Franklin **#LoveYourTeeth**

Show your Valentine you care. Brush your teeth and floss 2X a day. **#LoveYourTeeth**